

*imagine if*

# Identifying Learning Gaps

Should I Seek Help?

## A handy checklist for teachers and parents:

### Behaviour



- Lacks focus and attention
- Aggressive
- Impulsive
- Poor transition skills
- Appears "lazy" or unmotivated
- Disorganised and forgetful
- Shows signs of ADHD
- Fidgety

### Motor



- Poor balance
- Struggles with coordination
- Physically timid
- Tense muscle tone
- Weak head control
- Poor posture
- W-sitting
- Toe walking
- Poor hand-eye coordination
- Poor handwriting

### Visual



- Challenges with tracking
- Visual perception issues
- Can't read the chalkboard
- Can't read black print on white paper
- Eyes jump or jiggle
- Visual insecurity
- Difficulty reading
- Disorientation when reading
- Shows signs of dyslexia
- Can't read word to word, sentence to sentence

### Auditory



- Can't filter background noise
- Asks "huh?" or "what?" all the time
- Has trouble following multiple instructions
- Blurts comments not related to the topic
- Adds or subtracts letters in words while reading

### Emotional



- Mood swings
- Anxious
- Phobic
- Chronic fears
- Avoids social situations

### Sensory



- Sensitive to light
- Sensitive to sound
- Sensitive to foods (picky eater)
- Hates tags or tight clothes around waist
- Chews or sucks on clothes, pencils, and toys